

Body vibration

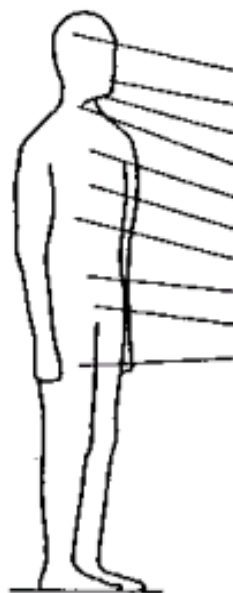
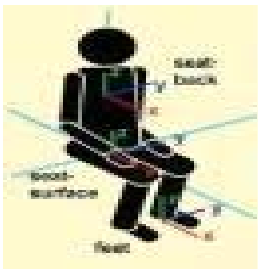
0.5m/sec² = comfort zone maximum/day.

Above 0.5 m/sec² Take protective measures

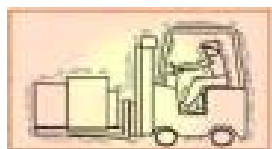
Reduce exposure time

1,15 m/sec² is the maximum/day

Reduce exposure time



Headache	13 - 20 Hz
Speech disturbances	13 - 20 Hz
Jaw resonance	6 - 8 Hz
Pharynx disturbances	12 - 16 Hz
Respiration complaints	4 - 8 Hz
Chest pain	5 - 7 Hz
Back pain	8 - 12 Hz
Abdominal pain	4 - 10 Hz
Constant urge to urinate and defecate	10 - 18 Hz
Increased muscle tension	13 - 20 Hz
General discomfort	4 - 9 Hz





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